Zones of Regulation – Tobias 2

Tobias is told that his voice is too loud. He becomes worried, covers his mouth, and refuses to speak.

Think about:

What unexpected behaviours are happening? How does the teacher feel? How do Tobias's classmates feel?

What are they thinking? What will they do or say? How does Tobias feel?





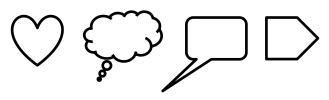
Miss Byrom teaches Tobias to understand the difference between 'outdoor voice', 'indoor voice', and 'quiet indoor voice'.

Think about:

What unexpected behaviours are happening? How does the teacher feel? How do Tobias's classmates feel?

What are they thinking? What will they do or say? How does Tobias feel?





The Zones of Regulation were developed by Leah Kuypers MA ED., OTR/L. More information can be found at http://www.zonesofregulation.com/index.html